

Spring Planting and Harvest Chart for a Few Easy Vegetable in Rappahannock County, VA

Plant	Suggested species, type or cultivars	Kitchen Use	Cultural Notes	Harvest Notes
Tomatoes	Many many types		Determinate types will yield all their harvest in a few weeks. Indeterminate types yield less at once, but continue to produce fruit until frost. All need a compost rich soil too produce well. Transplant after all danger of frost is past	Tomatoes store well for a few days at room temperature. Green tomatoes can be used in jam, salsa or frying.
Paste/Italian	Roma, Viva Italian, Amish Paste	Salad, cooking, sauce, canning		
Cherry	Sungold, Supersweet 100	Snack, salad		
Slicing/Beefsteak		Salad, sandwich, cooking		
Peppers			See tomato for growing conditions	Peppers store well for a few days at room temperature
Cubanelle Type	Sweet Banana	Salad, grilling, frying	Yield well & early; moderate plant size	
Bell Pepper			Not as good yielding as Sweet Banana, but a large bell pepper	
Potatoes	Prices vary widely. Use what fit in your budget. Under ideal conditions, one pound of potato tubers will yield 8 to 10 pounds of potatoes. Fingerlings have a greater yield.		Sandy or humus-rich soil on the acid side. Potatoes tubers are planted (sometimes called seed potatoes). Large tubers may have to be cut & callused before planting. Time of planting depends on cultivar. Some have longer time to maturity	Some varieties are better keeper than other (store in a cool frost free place). Fast maturing are better eaten within a few weeks of harvest. All can be harvested young as new potatoes.
Sweet Potatoes	Centennial, Georgia Jet		Either need to start slips or buy slips. Good yield when the plot is fed and watered well. Need a loose/sandy compost-rich and warm soil. Do not plant too early. Vines take some room. Fairly carefree otherwise. Do not plant of soil where grass was grown recently	Must be cured for winter storage, but easy to keep at warm room temperature. Can be harvested a new sweet potatoes, as well as held into the ground until fall (must be harvested before frost)
Carrots		Grated in salad, soup, sauteing and other cooking	Sandy or humus-rich soil, free of stones and not freshly manured	Can be harvested young as baby carrots or mature
Greens			Swiss Chard, lettuce & kale can also be started indoor & transplanted out. Mustard, lettuce & Kale are cool weather plants that stop producing well (& are attacked by cabbage worms & the like) as the weather gets warm. More successful as fall crop: keep new plantings shaded and moist in late summer	All greens need conditioning and refrigeration. Pick individual leaves as the plant mature as long was weather is cool. Pick entire plant before the weather gets too warm.
Mustard	Southern Giant Curled			
Lettuce	Many cultivars. Loose leaf type easier (Black Seeded Simpson; Oakleaf; Red Sail; Salad Bowl; slo-bolt...) as well as butterhead (Tom Thumb); mesclun mix to pick young (cut & come again)			
Swiss Chard	Lucullus, Yellow Canary, Fordhook			
Kale				

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Summer Squash	Go for bush types, they take less space: ex. Cocozelle; Early prolific Straightneck, Early White Bush Scallop, Black Beauty Zucchini etc		Pattipan types are more resistant to squash borer. Plant under floating cover to help protect plant. Must be picked every day or they will swell to unpalatable size. Multiple staged plantings can help with insect and mildew control.	Will keep at cool room temperature for a few days if not baby. Large overgrown squash can be used for pureed soup and in stews.
Cucumber			Need trellis for climbing vines. Beetles and borers can be a problem. Need lot of moisture and a compost rich soil.	Harvest often (every day) as they mature fast. Will keep for a couple of days at room temperature
Green Beans	Bush or pole beans of Phaseolus vulgaris		Bush Beans should be planted in succession (2 to 3 weeks apart) for continuous harvest, as each plant may produce only for 2 to 4 weeks. Pole beans may be planted at once and need trellis	Pick as green beans, or let mature to shell bean stage or dry bean stage. Must be picked often (every two or three days) if picked as green beans
Winter Squash	Many cultivars: they are all good, but those with smaller fruit might be more useful: (Early) Waltham butternut, Small Sugar Pumpkin, Acorn, Tan Cheese, Delicata etc		Protect from squash borer. Butternut types seem to be more resistant.	Stores well at room temperature

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Plant	Seed or Tuber Source	Plant Source	Week	February				March				April				May				June				July				August				September				October							
				1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4				
Summer Squash	CFC, SESE, Baker	don't bother																																									
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